



# Kink Is My Prevention

Presenters:

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# CONFLICT OF INTEREST DISCLOSURE

## Roman Bick, Xcommunity Advocate



- **There is nothing to disclose**
- **All digital materials used have been cited for educational purposes and not available for redistribution**

# Making Sex Safe(r)



## Vanilla flavored is good, just basic...

When discussing normalized sexual behavior we often talk about it in a vanillaized fashion. Meaning we discuss sex in very basic terms and understanding. Sex has been around since the dawn of man and its not going away anytime soon. So why do we still discuss with such a basic tone and interest? Well from my understanding sex is still a very taboo subject.

- Discussing sex in school is still a barrier to overcome, with sexual discussion beginning in schools as early as the 1920's.
- Vanilla sex is defined as sexual behavior that fits within a range of normacy as defined by the current culture/subculture
- Sexual health toolkits is a relatively new concept meant to promote healthy sexual engagement.

# Healthy Sexual Engagement



## Open up and say OHHHH

In terms of “healthy” sexual engagement there are many factors at play that assist to define healthy, such as: relationship with other/self, mental health, physical health, connectivity to sex/desire, and lastly safe”r” sexual practices. There have vast studies done that support and showcase all the factors mentioned in relation to healthy sex. I am here to discuss only one of those topics...

# Safe”r” Sexual Practices



## Penetrate me Partner

These practices are sometimes referred to as Sexual Health Toolkits. Basically speaking its what is determined to keep us sexually healthy/safe. In order to protect our bodies and our partners bodies there are various methods that can be used while engaging in sexual activity to prevent unwanted pregnancy, HIV, & STI's. Over the years this toolkit has expanded exponentially to include safety meaures for mental health, body disphoria, and disclousre safety.

- Condoms kits (condom, lube, How-to-use tips)
- Birth Control/Post-pregnancy options (option B, abortion, etc)
- Prep, Pep, TasP (U=U)
- Connect-to-care resource lists (mentalth health, testing sites, LGBTQ/Trans - friendly or knowledgeable doctors)

# Missing componets



## The more the merrier...

While vanilla sex is more openly accepted and understood it is not the only flavor available. Sexual engagement has many flavors to choose from. Our toolkits and discussions around sex should at least include the option to see the other ones. The 2 components I mentioned that were missing are...

- Non-penetrative practices
- Creative ways to have conversations around consent & exploration.

# Non-Penetrative Practices



## Hit me Huntay

Kink/Fetish play has arguably been around just as long as normalized or vanilla sex. Considering sex itself has largely been a taboo subject of conversation within society anything beyond the normalized realm of “acceptable sexual engagement” has been pushed even further into the underbelly of the general public, but what are we doing to make sex safer for individuals that don't engage with sex in an “acceptable” manner....

# Non-pentration practices pt 2



**NOTHING! We are doing NOTHING!**



# Non-penetrative practices pt 3



## Get em into “care” and move on...

Often the answer for folxs is go see a counselor, get on meds, etc. The answers are almost always pulled directly from a penetrative point of view. When discussing safe”r” sex toolkits the majority of its contents relate to penetration in one form or another....

# Expanding toolkits



## Butter Pecan and then some...

When looking to expand our toolkits non-penetrative practices has been discussed, but what exactly does that include?

- Medical Play - Torture
- Impact - Sensation
- Butt stuff - Vanilla

# CONTENT SLIDES: INSERT HEADLINE TEXT



## THE PERIODIC TABLE OF KINKS

**KEY**

GOOGLE SEARCH! → 2,900 → COLOUR →

SYMBOL → Ü → NAME → Jeff (Uberkinky Mascot)

**TORTURE** (Black)

**DOMINATION** (Dark Red)

**RESTRAINT** (Dark Grey)

**MEDICAL** (Light Green)

**IMPACT** (Purple)

**MISC** (Light Blue)

**ROLE PLAY** (Light Blue)

**SENSATION** (Pink)

**BUTT STUFF** (Brown)

**MATERIALS** (Light Green)

**SEX ACTS** (Orange)

**VANILLA** (Light Orange)

<b>Bd</b> Bondage	<b>THE PRIME ELEMENTS*</b>															<b>T</b> Sex Toys									
<b>Bb</b> Self-Bondage	<b>Sm</b> Sadism/Masochism																<b>A</b> Anal	<b>Kn</b> Kinkier							
<b>Nt</b> Nipple Torture	<b>Td</b> Tether & Control																<b>Sk</b> Sik	<b>Lx</b> Latex	<b>Bu</b> Subsidiary	<b>Sq</b> Spitting	<b>Wa</b> Wasturbation				
<b>Cbt</b> Cock & Anal Torture	<b>Ck</b> Cuckolding																<b>Nu</b> Nurse/Massage	<b>Cu</b> Cupping	<b>Pvc</b> PVC & Rubber	<b>Wo</b> Wool	<b>Fi</b> Fisting	<b>Tb</b> Tushbagg	<b>Bj</b> Bovine Sex		
<b>Bs</b> Self-Switching	<b>Ff</b> Facial Fertilisation	<b>Ph</b> Small Penis Humiliation																<b>Za</b> Zebra Sex	<b>Ep</b> Edge Play	<b>Wp</b> Wear Play	<b>L</b> Leather	<b>Mt</b> Mince	<b>Dp</b> Dildo Penetration	<b>Fe</b> Fetiching	<b>St</b> Strip Tease
<b>Clt</b> Clit Torture	<b>Od</b> Oral/Dental	<b>Qu</b> Quizzing	<b>Ch</b> Chastity	<b>Ro</b> Rabbit	<b>Mm</b> Mumsification	<b>Do</b> Douching	<b>En</b> Enemas	<b>Us</b> Uterus Soundings	<b>Pu</b> Pussy Pumping	<b>Pr</b> Piercing Play	<b>Ca</b> Catheter Play	<b>Inf</b> Sexual Inflation	<b>Cd</b> Chest Dressing	<b>Ab</b> Adult Baby	<b>Yif</b> Furries	<b>Kp</b> Kinky Play	<b>Tp</b> Temperature Play	<b>Fp</b> Face Play	<b>Sx</b> Spankox	<b>Ny</b> Nylon	<b>Cs</b> Cum Shot	<b>Sb</b> Snowballing	<b>Ta</b> Tactile Sex		
<b>Cw</b> Cock Whipping	<b>Slv</b> Slave Training	<b>Ss</b> Sensitization	<b>G</b> Gaps	<b>Brb</b> Breast Bondage	<b>Ho</b> Hoagie	<b>Sp</b> Spanking	<b>C</b> Cocking	<b>Flo</b> Flopping	<b>Fla</b> Flaunting	<b>Wh</b> Whipping	<b>Pa</b> Paddling	<b>Ü</b> Jeff (Uberkinky Mascot)	<b>Hos</b> Hump Play	<b>Dog</b> Puppy Play	<b>Ri</b> Rimming	<b>P</b> Pegging	<b>Cf</b> Cake Face	<b>Pm</b> Pristine Massage	<b>Fur</b> Fur	<b>Cp</b> Cream Play	<b>Ws</b> Hemorrhoids	<b>Pp</b> Pampers	<b>Ti</b> Tickling		
<b>Cot</b> Cock Sampling	<b>Fo</b> Facial Orals	<b>Sh</b> Sexual Humiliation	<b>Ki</b> Kinkster	<b>Su</b> Suspension	<b>Hf</b> Human Furniture	<b>Fd</b> Feeding	<b>Spl</b> Splashing	<b>Oct</b> Oral Sex	<b>Ht</b> Hypnotism	<b>Wr</b> Whoreplay	<b>Gf</b> Gut Flipping	<b>Par</b> Paraphilia (Fetishes)	<b>Cat</b> Kitten Play	<b>Pig</b> Pig Play	<b>Pk</b> Punching Along	<b>Fig</b> Fisting	<b>As</b> Anal Sounding	<b>Ga</b> Anal Gaping	<b>Sn</b> Sobriety	<b>Dt</b> Drop Throwing	<b>Gs</b> Group Sex	<b>Ps</b> Public Sex	<b>Np</b> Nipple Play		
<b>Bc</b> Self-Crushing	<b>Md</b> Male Domination	<b>Sd</b> Sensory Deprivation	<b>Co</b> Collaring																<b>B</b> Bareback	<b>Rt</b> Risky Transience	<b>Au</b> Autobondage	<b>Fh</b> Fluffy Handcuffs			

### THE COMMON PARAPHILIAS

BODY PARAPHILIAS					OBJECT PARAPHILIAS					BODILY FUNCTION PARAPHILIAS					???	
<b>Ge</b> Gerontophilia (The Elderly)	<b>X</b> Xenophilia (The Foreign)	<b>Ag</b> Autogynephilia (Gender Swap)	<b>Mai</b> Masturbation (Pregnancy)	<b>Tr</b> Trichophilia (Hair)	<b>Pl</b> Plushophilia (Stuffed Toys)	<b>Mac</b> Macrophilia (Giants)	<b>De</b> Dendrophilia (Trees)	<b>Cl</b> Claustrophilia (Small Spaces)	<b>Ne</b> Neophilia (New Things)	<b>Poo</b> Coprophilia (Faeces)	<b>Em</b> Emetophilia (Vomits)	<b>Fa</b> Fecrophilia (Flatulence)	<b>Da</b> Dacryphilia (Tears)	<b>Ur</b> Urophilia (Urine)	<b>Vo</b> Vociphilia (Screaming)	<b>Ew</b> Entomophilia (Tiny Insects)
<b>Be</b> Beardophilia (Beards)	<b>Al</b> Allopathia (Pain)	<b>F</b> Podophilia (Feet)	<b>Sm</b> Stigmaphilia (Markings)	<b>Py</b> Pyrophilia (Buttstuffs)	<b>Mec</b> Mechanophilia (Machines)	<b>Sta</b> Statuophilia (Statues/Dolls)	<b>Mic</b> Microphilia (Tiny Beings)	<b>Sl</b> Solitrophilia (Seeing Beauty)	<b>To</b> Trophophilia (Cartoons)	<b>Nom</b> Nosophilia (Food Play)	<b>Mu</b> Mucrophilia (Mucus)	<b>Kl</b> Klistrophilia (Enemas)	<b>My</b> Myrophilia (Bodily Fluid)	<b>Me</b> Menstruophilia (Menstruations)	<b>Fr</b> Frenophilia (Human Pain)	<b>Boo</b> Spectrophilia (Ghosts)

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# Walking, Talking, Kinky behavior



## You are human, act like it...

- K.I.S.S (Keep It Simple, SEX)
- Ask open ended questions
- Everyones favorite subject? Themselves